

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: UZKZ

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ 08:45 The listed starttimes are indicative!

Coaches: Veys Lies

Coaches: Vancamelbeke Pieter HEADCOACH

Coaches: Vanden Abeele Syl

Coaches: Planckaert Pieter

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:4, starttime: 09:40
Heat: 4/11 Lane : 3 Athlete: HUYSENTRUYT FLORE-MARIE					Q-time: 02:33:60
PB (50m pool): 02:41.44 Antwerpen 13/07/2025					PB (25m pool): 02:33.60 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.61	01:20.57	02:02.13	02:41.44	
	00:38.61	00:41.96	00:41.56	00:39.31	
					

Coach feedback:

Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:11, starttime: 10:00
Heat: 11/11 Lane : 7 Athlete: LIBBRECHT ZOë					Q-time: 02:11:21
PB (50m pool): 02:16.16 Antwerpen 20/07/2025					PB (25m pool): 02:11.21 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.20	01:05.17	01:41.09	02:16.16	
	00:31.20	00:33.97	00:35.92	00:35.07	
					

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 13+					Heat:2, starttime: 10:00
Heat: 2/9 Lane : 2 Athlete: DE BAERE ARNAUD					Q-time: 00:51:92
PB (50m pool): 00:47.36 Brugge 01/02/2026					PB (25m pool): 00:51.92 SB: 00:47.36 Brugge 01/02/2026
	5 0 M				
PB	00:47.36				
	00:47.36				
					

Coach feedback:

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Event number: 18: 50M BREASTSTROKE MEN 13+		Heat:3, starttime: 10:05
Heat: 3/9 Lane : 3 Athlete: MOENENS MATTEO		Q-time: 00:44:78
PB (50m pool): 00:47.94 Brugge 23/02/2025		PB (25m pool): 00:44.78 SB: no time
	5 0 M	
PB	00:47.94	
	00:47.94	
		

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+		Heat:2, starttime: 10:25
Heat: 2/12 Lane : 5 Athlete: BOHIJN MILO		Q-time: 00:39:87
PB (50m pool): 00:41.83 Antwerp 02/02/2025		PB (25m pool): 00:39.87 SB: no time
	5 0 M	
PB	00:41.83	
	00:41.83	
		

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+		Heat:4, starttime: 10:25
Heat: 4/12 Lane : 4 Athlete: MOENENS MATTEO		Q-time: 00:35:00
PB (50m pool): 00:35.64 Brugge 01/02/2026		PB (25m pool): 00:35.00 SB: 00:35.64 Brugge 01/02/2026
	5 0 M	
PB	00:35.64	
	00:35.64	
		

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+		Heat:4, starttime: 10:35
Heat: 4/11 Lane : 6 Athlete: CALLENS MARGAUX		Q-time: 00:32:89
PB (50m pool): 00:34.28 Antwerpen 13/07/2025		PB (25m pool): 00:31.31 SB: no time
	5 0 M	
PB	00:34.28	
	00:34.28	
		

Coach feedback:

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Event number: 21: 50M FREESTYLE WOMEN 13+				Heat:10, starttime: 10:45	
Heat: 10/11 Lane : 4 Athlete: LIBBRECHT ZOë				Q-time: 00:28:44	
PB (50m pool): 00:29.56 Brugge 01/02/2026				PB (25m pool): 00:28.44 SB: 00:29.56 Brugge 01/02/2026	
	5 0 M				
PB	00:29.56				
	00:29.56				
					

Coach feedback:

Event number: 26: 200M BREASTSTROKE MEN 13+					Heat:3, starttime: 11:35	
Heat: 3/8 Lane : 3 Athlete: DE BAERE ARNAUD					Q-time: 03:41:08	
PB (50m pool): no time					PB (25m pool): 03:41.08 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	no time	no time	no time	no time		
	no time					
						

Coach feedback:

Event number: 26: 200M BREASTSTROKE MEN 13+					Heat:4, starttime: 11:40	
Heat: 4/8 Lane : 4 Athlete: BOHIJN MILO					Q-time: 03:12:45	
PB (50m pool): 03:02.52 Brugge 01/02/2026					PB (25m pool): 03:09.64 SB: 03:02.52 Brugge 01/02/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:42.45	01:29.89	02:16.68	03:02.52		
	00:42.45	00:47.44	00:46.79	00:45.84		
						

Coach feedback:

Event number: 26: 200M BREASTSTROKE MEN 13+					Heat:4, starttime: 11:40	
Heat: 4/8 Lane : 8 Athlete: MOENENS MATTEO					Q-time: 03:33:53	
PB (50m pool): no time					PB (25m pool): 03:33.53 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	no time	no time	no time	no time		
	no time					
						

Coach feedback:

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Event number: 27: 200M BACKSTROKE WOMEN 13+					Heat:3, starttime: 12:05
Heat: 3/7 Lane : 2 Athlete: HUYSENTRUYT FLORE-MARIE					Q-time: 03:00:04
PB (50m pool): 03:03.96 Kortrijk 26/12/2025					PB (25m pool): 03:00.04 SB: 03:03.96 Kortrijk 26/12/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.77	01:30.91	02:18.10	03:03.96	
	00:43.77	00:47.14	00:47.19	00:45.86	
					

Coach feedback:

Event number: 27: 200M BACKSTROKE WOMEN 13+					Heat:4, starttime: 12:10
Heat: 4/7 Lane : 8 Athlete: CALLENS MARGAUX					Q-time: 02:53:79
PB (50m pool): 02:56.69 Antwerpen 13/07/2025					PB (25m pool): 02:53.79 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.57	01:27.05	02:12.60	02:56.69	
	00:41.57	00:45.48	00:45.55	00:44.09	
					

Coach feedback: